

Southampton Cycling Campaign



Your Voice for Cycling in Southampton

Bike Week 2017



Events & Rides

Friendly ~ Fun ~ Free

www.southamptoncyclingcampaign.org.uk

More info: lindsibluelmel@hotmail.co.uk

All welcome. No need to book – simply turn up with a bicycle.

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**Sunday 11th 10 am WINCHESTER**

Meet at Lakeside cafe for a ride to Cyclefest in Winchester. Return 5pm. **Bring sandwiches or buy cafe/pub lunch.**

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Mon 12th 6.30 pm SOUTHAMPTON

Meet at the Bargate for a ride through parks and Common to St Denys Comm Centre at 7.30 pm for refreshments and talk by Clean Air Southampton.

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**Tuesday 13th 6.30 pm NEW FOREST**

Meet at the Hawthorns for a ride to the Forest. Quiet roads and Forest tracks. Refreshments at Ashurst; return 10 pm

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Wednesday 14th 6.30 pm HAMBLE

Meet at the Bandstand, Palmerston Pk or Woolston Stn 7pm for an easy paced ride to Hamble via Weston Shore. Refreshments at Hamble, return 10pm

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**Thurs 15th 10.30am CLEAN AIR DAY**

**Family and Cargo Bike Ride**

Meet on the Common by play area for a gentle, flat ride to the city centre Clean Air event. Cargo bikes, families, new cyclists, returners; all welcome.

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Friday 16th 6.30 pm: DURLEY

Meet at Riverside Pk by Cobden Bridge for a quiet ride to Durley. Refreshments at the Farmers Home PH; Return 10pm

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**Sat 17th Easy Family Rides**

**10am PORTSWOOD REC**

Meet at the Hawthorns for a family ride to Portswood Rec. Mainly cycle paths, stopping for play at the Rec. Return 11.30 am for refreshment at the Hawthorns

**2pm ITCHEN VALLEY COUNTRY PARK**

Meet at Riverside Park, by Cobden Bridge for a family ride to Itchen Valley. Cycle paths and quiet roads. Stopping for play and refreshments ; return 4 pm

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Sunday 18th 11.30am BIG LUNCH Family Ride

Meet at Cedar Lodge Park, Oakley Rd or outside cafe, St James Park at **12 noon**, for a family ride to the Big Lunch on the Small Common. Bring packed lunch

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**Mon 19th 7pm ST DENYS HISTORY**

Meet at the car park of St Denys Church for a gentle history ride around St Denys Finishing at the Dolphin PH in time for the jazz session at 9pm. Suitable for all.

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Also: **Night Ride**, Saturday 1st July 11pm – 1am. See website for details
(part of national event Wild Night Out)

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All rides insured and led by experienced leaders  
**Over 12s welcome with an adult. Participants should bring waterproofs and lights if possible**

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Participants need to join as associate members. This is free and simple to do online.

Unavoidable changes – see website